

ARE YOU PARENTING ON YOUR OWN ?



LOOKING FOR SOME TIME FOR YOU ?

We can help !!

Join us for a FREE 4 week course which includes varied speakers & information days, such as MABS, Citizens Information, Local Chef John Casey, who will be giving advice on healthy & nutritious meals for families, Life Coach and Beautician, Booking is essential as places are limited,

To register. Contact South Kerry Development Partnership (Mary) [066-9472724](tel:066-9472724) OR

The Family Resource Centre (Amarada)

[066-9481000](tel:066-9481000)

Tuesday 16th October, 23rd & 30th October & Tuesday 6th November 2018

TIME : 9.30am -12.30pm

Venue : Social Services Building, The Parsonage,

Caherciveen.

Refreshments provided.

*FREE CHILDCARE
PROVIDED*

*Information, Budgeting support,
Easy family meals, time for
me !!*

*MABS, Citizens Information,
Legal Aid*

& local chef

John Casey,

Life Coach,

Beautician

Contact

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Or

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To register your interest.



Rialtas na hÉireann
Government of Ireland



Ireland's European Structural and
Investment Funds Programmes
2014-2020

Co-funded by the Irish Government
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EUROPEAN UNION
Investing in your future
European Social Fund

TÚSLA
An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency

