South Kerry Local Employment Services

FREE FOR YOUR BENEFIT

CALL INTO YOUR LOCAL OFFICE FOR A FREE, FRIENDLY AND CONFIDENTIAL SERVICE

⇒ JOB SEARCHING ⇒ INFORMATION SERVICES

⇒ CAREER GUIDANCE ⇒ EDUCATION & TRAINING

OUR OFFICES ARE OPEN FROM MONDAY TO FRIDAY

9:00 - 17:00

(Closed for Lunch)

Killarney Jobs Club

37A High St. 2nd Floor, Killarney

- ⇒ CURRICULUM VITAE (CV'S)
- ⇒ COVER LETTERS
- ⇒ JOBS CLUBTRAINING

Head Office

West Main Street Cahersiveen Co. Kerry Tel: 066 9472724

Other Offices:

Killarney

37A High St.
2nd Floor,
Killarney,
Co. Kerry
Tel: 064 6636572

<u>Killorglin</u>

Library Place, Killorglin, Co. Kerry Tel: 066 9761615

Kenmare

21 Henry St. Kenmare, Co. Kerry Tel: 064 6641930





An Roinn Gnóthaí Fostaíochta agus Coimirce Sóisialaí Department of Employment Affairs and Social Protection



ADMINISTRATION & OFFICE

ADMINISTRATION ASSISTANT

Employer: Killarney Printing Ltd.

Location Killarney

Requirements: Experience is essential, strong organisational skills with high proficiency in all Microsoft Office

Programmes (particularly Excel & Publisher) and Sage Accounting Package. Excellent atten-

tion to details is necessary.

Duties: Duties will include daily sales administration and secretarial duties, back up to the sales team,

administration of client relationship management database, dealing with telephone sales, stock

control and dispatch organisation.

Hours: Full time. Maternity Leave Cover—commencing in May 2019.

How to Apply: Please apply with CV and cover letter to: tom@killarneyprinting.ie

OFFICE ADMINISTRATOR

Employer: Little Acorns Creche & Preschool

Location: Kilgarvan, Co. Kerry

Requirements: Experience of Thessaurus Payroll and Big Red Cloud Accountancy package essential.

Knowledge of submitting Pobal reports would be helpful.

Hours: 6-8 hours per week. Flexible hours/day. The position is available from mid-May.

How to Apply: Pleases forward CV and details to: Company Secretary Little Acorns Creche & Pre-school,

Kilgarvan, Co. Kerry by Thursday 18th April 2019.

ACCOUNTS, FINANCING & PURCHASING

FINANCIAL ADVISERS

Employer: Acorn

Requirements: The ability to listen and build strong personal relationships

Self-confident and receptive to coaching with a high standard of personal integrity

Hardworking, goal orientated and the ability to persevere

In possession of a suitable natural market and interested in meeting and working with

people

Successful track record in previous/current field of employment .

How to Apply: Please email: pius.horgan@acornlife.ie

Or call or Tralee Branch on 066-7123388

HEAD CHEF

Employer: The Fáilte Hotel

Location: Killarney

Requirements: Experience and fluent English essential.

Hours: Full time position.

How to Apply: Please call in with CV to Niall or Paudie.

Tel: 064 6633404

WAITING STAFF

Location: Killorglin

Requirements: The candidate should have a keen interest in food and excellent customer service.

The ideal candidate should be a good team player and still have the initiative to work on

their own.

Hours: Full Time over 7 days. Will include split shifts.

How to Apply: Please send CV to: Joanne Griffin, South Kerry Development Partnership, Library Place,

Killorglin, Co. Kerry or email to: jgriffin@skdp.net

Closing Date: April 5th 2019

KITCHEN STAFF

Location: Killorglin

Requirements: Experience as a KP in a fast-paced kitchen is a big plus

Must be able to work fulltime (morning and afternoon weekdays, weekends and holidays) Must have excellent communication skills & must be able to follow instructions and work as part of a team. Must be comfortable working in a busy and fast paced environment.

Duties: Ensure basic cleaning jobs are carried out as quickly as possible

Collect and wash up all crockery and cutlery

Clean food preparation areas and equipment, in addition to crockery and cutlery

Unload food and equipment deliveries

Keep the storeroom organised

Keep work surfaces, walls and floors clean and sanitised

Hours: Full Time over 7 days. Will include split shifts.

How to Apply: Please send CV to: Joanne Griffin, South Kerry Development Partnership, Library Place,

Killorglin, Co. Kerry or email to: jgriffin@skdp.net

Closing Date: April 5th 2019

FOOD & BEVERAGE SUPERVISOR

Employer: The Killarney Park Hotel

Location: Town Centre, Killarney

Requirements: 2 years' minimum experience in similar property.

High standards and excellent customer care skills.

Ability to work on own initiative.

Fluent English and excellent communication skills.

How to Apply: Applications in writing to: The Personnel Manager, The Killarney Park Hotel,

Town centre, Killarney, Co. Kerry

Or stop by the hotel to fill out an application form before 12th of April 2019.

BAR PERSONNEL

Employer: The Killarney Park Hotel

Location: Town Centre, Killarney

Requirements: Previous experience essential.

Excellent customer care skills.

Fluent English & good communication skills.

Hours: Full & part time

How to Apply: Applications in writing to: The Personnel Manager, The Killarney Park Hotel,

Town centre, Killarney, Co. Kerry

Or stop by the hotel to fill out an application form before 12th of April 2019.

ACCOMMODATION ASSISTANT

Employer: The Killarney Park Hotel

Location: Town Centre, Killarney

Requirements: Previous experience preferable.

Excellent customer care skills & fluent English.

Attention to detail and high standards.

Hours: Full & Part time

How to Apply: Applications in writing to: The Personnel Manager, The Killarney Park Hotel,

Town centre, Killarney, Co. Kerry

Or stop by the hotel to fill out an application form before 12th of April 2019.

FOOD & BEVERAGE PERSONNEL

Employer: The Killarney Park Hotel

Location: Town Centre, Killarney

Requirements: Previous experience in Food & Beverage essential.

Excellent customer care skills.

Fluent English and excellent communication skills.

Hours: Full & part time

How to Apply: Applications in writing to: The Personnel Manager, The Killarney Park Hotel,

Town centre, Killarney, Co. Kerry

Or stop by the hotel to fill out an application form before 12th of April 2019.

DEMI CHEF DE PARTIE

Employer: The Killarney Park Hotel

Location: Town Centre, Killarney

Requirements: 2 years' previous hotel experience in similar role.

Fluent English and excellent communication skills. Good time keeper and ability to work under pressure.

Team player and driven by high standards. Creativity and passion for food.

Desire to work in 5 star property.

How to Apply: Applications in writing to: The Personnel Manager, The Killarney Park Hotel,

Town centre, Killarney, Co. Kerry

Or stop by the hotel to fill out an application form before 12th of April 2019.

RELIEF NIGHT PORTER

Employer: The Killarney Park Hotel

Location: Town Centre, Killarney

Requirements: Previous experience, excellent customer care skills & high standards.

Ability to work on own initiative

Fluent English and excellent communication skills.

How to Apply: Applications in writing to: The Personnel Manager, The Killarney Park Hotel,

Town centre, Killarney, Co. Kerry.

Or stop by the hotel to fill out an application form before 12th of April 2019.

STAFF FOR COFFEE SHOP

Employer: The Golden Nuggets Bar

Location: Fossa, Killarney

Requirements: Previous experience in serving tea/coffee and light snacks an advantage.

Might suits student.

How to Apply: Please apply with your CV to: hallissaycaroline@gmail.com

ACCOMMODATION ASSISTANT, EXPERIENCED RECEPTIONIST, RESRVATION AGENT, SPATHERAPIST, EXPERIENCED BAR STAFF

Employer: The Europe Hotel & Resort,

Location: Killarney

How to Apply: Should you wish to apply please register your CV & Cover Letter online at:

careers.killarneyhotels.ie or contact us directly via email: jobs@killarneyhotels.ie

PASTRY CHEF, KID'S CLUB ASSISTANT, EXPERIENCED BAR STAFF

Employer: The Dunloe Hotel & Gardens

Location: Killarney

How to Apply: Should you wish to apply please register your CV & Cover Letter online at:

careers.killarneyhotels.ie or contact us directly via email: jobs@killarneyhotels.ie

SPA THERAPIST, ACCOMMODATION ASSISTANT, LINEN PORTER

Employer: Aghadoe Heights Hotel & Spa

Location: Killarney

Hours: Part time, flexible hours and days.

How to Apply: Please contact Brid Brennon, HR Manager

Email: bbrennan@aghadoeheights.com, Tel: 064 6631766

FULLTIME STAFF

Employer: Supermac's Killarney

Requirements: Fluent English is essential.

Hours: 5 days, Monday –Sunday

How to Apply: Please forward your CV to Eileen McCarthy: supermacskillarney@yahoo.com

WAITING STAFF

Employer: McCarthys Par Kenmare Golf Club

Location: Kenmare, Co. Kerry

Job Summary: Welcome guests in a polite and friendly manner.

Take and deliver customer orders & follow cash handling procedures.

Requirements: A passion for food & service. Professional & friendly nature.

Previous Experience Necessary.

Hours: Full & part time positions.

Salary/Benefits: Excellent Terms & Conditions. No split shifts, and mostly day time hours

Flexible hours. Uniforms provided.

How to Apply: Please apply via www.indeed.com

BAKER

Employer: SuperValu

Location: Kenmare, Co. Kerry

Job Summary: Ensure the Bakery Department operates efficiently and effectively at all times. Provide our

customers with excellent quality products and customer service.

Requirements: Previous food preparation and production experience is desirable.

Qualified baker is a distinct advantage. Creative and able to embrace new recipes.

Excellent communication skills &ability to engage with and prioritise customer needs.

Strong attention to detail, organised and flexible

Ability to use own initiative and work as part of a team in a fast-paced environment.

Duties: Actively live SuperValu brand-values i.e. Genuine, Passion for Food, Vibrant, Committed,

Innovative and Imaginative

Bake and finish products to the highest standard

Drive sales through instore initiatives

Merchandise and present the Bakery department to the highest standard at all times and in

accordance with relevant store planograms and guidelines

Adhere to weekly stocktaking and daily waste procedures in the Bakery

Conduct quality and freshness checks

Attend relevant training as required and implement learnings in store.

How to Apply: Please apply via www.indeed.com

MEDICAL PROFESSIONALS & HEALTHCARE

NURSES, MIDWIVES, STUDENT NURSES & CARE ASSISTANTS

Requirements: Pick and choose your own hrs, work as much or as little as you like

HSE Qualification/Location Allowances & Senior Staff Nurse Rate Payable

Fast track registration, Work Available now for RGNs, RCNs, RMs, RPNs, and RNIDs.

New Graduates and nurses returning to work also very welcome Student Nurses/

Midwifes & Care Assistants

(QQI Level 5—formerly FETAC)

Huge Variety of Nurses work Available - From HSE, DATHS & Private Hospitals to less Acute care environments such as Care of Elderly, ID Services and HSE Home Care

How to Apply: For more information please Email you CV to: corkoffice@nurseoncall.ie

Or call: 021-4222830, Or check out our website on: www.nurseoncall.ie

Interview Times & Dates: Cork; 50 Patrick Street, (1st Floor) Mon-Fri 8:30am-

5pm

Kerry: Wednesday 3rd April from 10am until 2:30pm The Brandon Hotel Limerick: Friday 5th April From 10am until 3:30pm South Court Hotel

SALES, MARKETING & ADVERTISING

RETAIL OPERATIVE/TILL OPERATOR

Location: Killarney

Job Summary: In this role you will be responsible for dealing with customers on one to one basis, general

merchandising and processing sales through the till. The ideal candidate will be outgoing and well presented, have a bubbly, friendly personality and have some experience in

checkout/till operation.

Salary/Benefits: We offer the potential for long term employment with competitive wage in friendly, se-

cure environment.

How to Apply: Please forward your application or CV to: PO Box No 3702 Killarney advertiser,

Killarney, Co. Kerry

Closing date: Friday, 5th of April 2019.

HELP WANTED

Employer: Quill's Woollen Market

Location: 1 Main Street, Kenmare, Co. Kerry

Hours: Part time.

How to Apply: Please apply via www.indeed.com

CHILDCARE

CHILDCARE SERVICES MANAGER

(PART-TIME PERANENT CONTRACT WORKING 22.30-28.30 HRS PER WEEK)

Employer: Cordal Community Preschool/Playgroup CLG

Location: Castleisland Co. Kerry

Requirements: Seeking an experienced, self-motivated childcare professional/manager.

The candidate will be responsible for overall management of the service including the

breakfast club, morning preschool session and after school service.

An Early Childhood Education Degree at a minimum of Level 7 or equivalent qualification

Three year's experience working in a supervisory capacity in childcare setting

Management and organisational skills

Motivation, energy and an ability to work on his/her own initiative

Ability to work within a team

How to Apply: For information and an application pack please contact: The Chairperson

Cordal Community Preschool/Afterschool CLG,

Kilmurry National School, Cordal, Castleisland,

Co. Kerry

Phone: 087-9179044

Email: cordal community preschool after school @outlook.com

Applications will only be accepted on the official application form, CV's will not be accepted, The closing date for receipt of applications is 5pm Friday 5th April 2019 Short listing will apply, Cordal Community Preschool/Afterschool CLG is an equal opportunities employer, The successful applicant will required to undergo Garda Vetting

CHILDCARE PRACTITIONER

Employer: Milltown Childcare Centre

Requirements: Minimum Fetac Level 5 major Award. 2 years 'experience post qualification desirable.

Flexible working hours, hardworking and ability to work as a part of the team.

Job Summary: Provide care & education and work with variety of ages. Assist with planning, observation

and cleaning.

Position subject to Garda Vetting.

Hours: Full time from April 2019.

How to Apply: Please send your CV to: info@milltownchildcare.com or post to:

Naíolann Solais, Milltown Childcare Centre, Milltown, Killarney, Co. Kerry

Closing Date: Friday, 12th of April 2019

DRIVER/ENGINEER/ELECTRICAL

RIGID/ARTIC DRIVERS

Employer: Garyowen Transport Ltd.

Hours: 2-3 days per week & full time positions available.

How to Apply: Please contact Jamie on 087 6452885

TRUCK DRIVER

Details: The applicant will be involved in the loading and unloading of tyres. Other duties include

sorting and baling tyres and keeping the trucks and work space in good condition.

Requirements: A full clean C Category License. Must be over 25 years of age.

No experience in loading tyres needed, training will be provided. Good communication skills required plus the ability to take instruction and work as part of a team and also on

their own initiative. Fluent English is essential.

Hours: The role is based on a working week, Monday to Friday. Immediate start.

How to Apply: For more details, contact Mike on 087 1268036.

QUALIFIED ELECTRICIAN

Location: Tralee based company

How to Apply: Please apply with your CV to: qualifiedelectricianrequired@gmail.com

PERSON FOR BUSY HARDWARE STORE

Location: Castleisland

Requirements: Must be capable of working on one's own initiative.

How to Apply: Please apply to: Box No. 1350 Kerry's Eye Newspaper, Ashe Street, Tralee.

READY-MIX TRUCK DRIVER REQUIRED FOR SOUTH KERRY AREA

Employer: Gloun Stone Quarries, Kenmare, County Kerry

Requirements: Full clean driving Licence

CPC & SafePass

Previous construction experience desirable but not necessary

Knowledge of area South Kerry Area

Artic license would be an advantage but is not essential

Hours: Full time.

How to Apply: Please apply via www.indeed.com

OTHER VACANCIES

CREATIVE YOUTH CO-ORDINATOR

Employer: Kerry ETB

Hours: 37 hours per week. Specific Purpose Contract

How to Apply: Application forms and full details for the above post may be obtained from

www.kerryetb.ie/opportunities or contact the HR Department, Kerry ETB, Centrepoint,

John Joe Sheehy Road, Tralee, Co. Kerry.

Please complete an application form and return by email only to: jobs@kerryetb.ie. No

CV's only official application form will be accepted.

Closing Date: 12 noon Friday, 5th of April 2019.

ARCHITECTURAL TECHNOLOGIST

Employer: Corex Consultancy Ltd.

Location: Killarney

Job's description: We are looking for an Architectural Technologist to join our team to work on variety

Commercial and residential projects at all stages.

How to Apply: Please email your CV explaining how you meet the needs of this role to: info@corex.ie

We will be in contact with candidates who make it through to next stage.

SPECIAL NEEDS ASSISTANT PANEL FOR VARIOUS KERRY ETB SHCOOLS

Employer: Kerry ETB

Location: Co. Kerry

Job Summary: To qualify for appointment, candidates must have practical work experience in Second

Level system.

Requirements: Organisational, good communication & interpersonal skills.

Familiarity with Second Level curriculum.

Ability to support and enhance educational experience for children with Special Educa-

tional Needs (SEN) who present in Kerry ETB Schools.

A commitment to creating a safe supported environment for students with SEN.

A good understanding of recent developments in SEN in Ireland particularly the legislation

as it pertains to the Education for persons with SEN act 2004.

Competency in the Irish language will be a requirement in relevant schools.

Competed QQI Level 5 Major Award or equivalent in childcare or Special Needs qualification, medical experience & competency in use and understanding of Sign Language are

desirable.

How to Apply: Please complete application form which can be downloaded from this website

www.kerryetb.ie/opportunities and return by email only to: jobs@kerryetb.ie

Closing Date: 12 noon Friday, 12th of April 2019

OTHER VACANCIES



Ballyspillane Community & Family Resource Centre CLG Are recruiting for the following positions

Cleaning Maintenance Caretaker (33.5hrs) per week (12 months fixed term contract)

Applicants for this position must meet the Community Services Programme eligibility Criteria Services

Persons in receipt of jobseekers' benefit, jobseekers' assistance or one parent family payment, Persons in receipt of

Disability allowance/ benefit invalidity pension or blind persons' pension, .Travellers in receipt of jobseekers' benefit

or jobseekers' assistance or one parent family benefit, Stabilised and recovering drug miss users, People employed

from TÚS, Community Employment and Job Initiatives schemes,

Flexibility is required around working hours to accommodate the needs of the business and facilitate evening opening times for community group's courses, centre booking appointments

Cleaning Maintenance Caretaker will be required to have the following knowledge skills and experience

- Relevant accredited qualification in Safe Pass and other relevant areas
- Two years experience of working in a similar position relation to cleaning ,maintenance, upkeep of busy Community facilities (paid or voluntary)
- Relevant Maintenance skills
- Knowledge of Health and Safety practice in the Workplace
- Excellent communication and interpersonal skills
- · Ability to work as part of a team and on own initiative

Relief Childcare Workers

Applicants for this position must have

- Min Fetac Level 5 Childcare Qualification
- At least 1 year's experience working or caring for children within a childcare setting.
- Knowledge of Polices. Procedures, Childcare Regulations
- Experience of Curriculum development and planning and evaluation
- Excellent communication skills with children, parents and outside agencies.
- Strong ability to work as part of a dynamic team and be flexible.
- Ability to assist the Childcare Centre Manager and staff to implement the curriculum.

Please forward your CV & Cover letter by post: To The Recruitment Sub-Group Ballyspillane Community & Family Resource Centre CLG, Killarney Co-Kerry

Tel. No: 064-6635589

E-mail ballyspillanecfrc@gmail.com

<u>Closing Date for receipt of applications:</u> <u>Wednesday April 10th 2019 no later than 4.30pm</u>

Short listing will take place. *Late applications WILL NOT be accepted.* Canvassing will disqualify <u>Interviews for both positions will be held on Thursday April 18th</u> 2019

Ballyspillane FRC is an Equality Opportunities Employer

CSP Posts are funded through the Department of Rural and Community Development Childcare posts funded through Department of Children and & Youth Affairs











COMMUNITY EMPLOYMENT SCHEME POSITIONS

How to Apply

Please contact your Local Employment Service Offices (details below). Eligibility to participate on CE is generally linked to those who are 21 years old or over for all areas. Applicants must also be in receipt of an Irish social welfare payment for 1 year or more.

CE VACANCIES No. Of **Job Title** Location Posi-**Closing Date** Job Ref. No. tions **Maintenance Person** Firies, Castleisland 1 05/042019 2105648 **Maintenance Person** Currow 2 05/04/2019 2103887 Cleaner 05/04/2019 An Riocht, Castleisland 1 2103891 Cleaner Ballymacelligott 05/04/2019 21020357 1 **Sales Assistant** Castleisland 1 2103742 **Tidy Towns Worker** Sneem, Co. Kerry 2103180 1 Office Administrator Sneem, Co. Kerry 1 2103194 Cahersiveen, Co. Kerry **Driver/General Assistant** 1 2102575 Maintenance Worker Castleisland 2103743 1

TÚS - COMMUNITY WORK PLACEMENT

- ⇒ Are you Unemployed for 12 months or longer and interested in working in Local Community Projects?
- ⇒ Tús provides work opportunities for all unemployed people in South Kerry.
- ⇒ If you are less than 25 years of age there will be a major financial incentive for participating.
- \Rightarrow Class A social insurance paid.
- \Rightarrow 12 month contract.

COME IN AND TALK TO US

Cahersiveen:	Killarney:	Killorglin:	Kenmare:
Adrian Griffin TÚS Supervisor	Ger Moynihan Lisa Murphy TÚS Supervisors	Paudie O'Shea TÚS Supervisor	Donal McCarthy TÚS Supervisor
SKDP CLG West Main St., Cahersiveen.	SKDP CLG 37A High St., Killarney.	SKDP CLG Library Place, Killorglin.	SKDP CLG 21 Henry St., Kenmare.
Tel: 066 9472724	Tel: 064 6636572	Tel: 087 4146379	Tel: 064 6641930

TÚS/RSS VACANCIES

RETAIL ASSISTANT (CAHERSIVEEN)

Employer: Charity Shop

Location: Cahersiveen

Requirements: Times will be agreed with voluntary group involved

19.5 hrs per week

How to Apply: Contact Joseph McCrohan; TUS/RSS Manager on 066-9472724 or 087-2849165







TÚS/RSS VACANCIES

CARETAKER

Location: Killarney

Requirements: Caretaker required for Assisted Living residential accommodation

Times will be agreed with the local community group

19.5 hours a week as per TUS contract

How to Apply: Contact Joseph McCrohan; TUS/RSS Manager on 066-9472724 or 087-2849165

TOUR GUIDE

Location: Valentia Lighthouse

Requirements: No experience required—training will be provided

Times will be agreed with the local community group

19.5 hours a week as per TUS contract

How to Apply: Contact Joseph McCrohan; TUS/RSS Manager on 066-9472724 or 087-2849165

OUTDOOR CONSTRUCTION WORKER

Location: Cahersiveen

Requirements: Times will be agreed with the local community group

19.5 hours a week as per TUS contract

How to Apply: Contact Joseph McCrohan; TUS/RSS Manager on 066-9472724 or 087-2849165

OFFICE ADMINISTRATOR

Location: Cahersiveen

Requirements: Times will be agreed with the local community group

19.5 hours a week as per TUS contract

How to Apply: Contact Joseph McCrohan; TUS/RSS Manager on 066-9472724 or 087-2849165







SERVICES FROM THE SOUTH KERRY JOBS CLUB

THERE IS NO CHARGE FOR THIS SERVICE



Do you need help with your CV?

Do you need help writing a cover letter?

Have you an interview coming up and need help preparing?

We can compile a professional CV & Cover Letter to suit your needs We can arrange to do a mock interview for you so you are well prepared

> Please contact Mary or Paul for an appointment Tel: 064 663 7833



FRS Dairy Operative Skills Programme launch and Ear to the Ground

FRS in conjunction with Teargas have launched a new Dairy Operative Skills Programme and it featured on RTE Ones', Ear to the Ground.

Interested candidates are invited to apply for seasonal work as milkers and farm workers with FRS Farm Relief Services and those who require upskilling will have the unique opportunity to complete a 20 day programme involving 4 training days in a Teagasc College and 16 days practical work experience on host farms organised by FRS.

On successful completion of their training, candidates will be offered work through FRS during the peak months of January/February to May/June 2018. The work could potentially earn an individual up to €8,000 or more and participants will be paid during their training.

The three potential candidate groups that have been identified to take part in the programme and to take up seasonal work to help alleviate labour shortages and are, but not limited to:

- Dry Stock Farmers on individual farms where there may be capacity to take on a additional part time role.
- Women in Agriculture who may be interested in work involving milking, calf rearing and livestock husbandry.
- Farmers on Farm Assist and Jobseekers who are in receipt of a DSP payment and who may be interested in farm work. (FRS advise individuals of the need to discuss their individual position with Dept. Social Protection (DSP), as taking up employment may have implications for their DSP allowances).

Applicants for the 'Dairy Operative Skills Programme' and work with FRS are invited to talk through with their local FRS Office or visit www.frsfarmrelief.ie/careers for more details and to apply online.



Mindfulness:

Learn the art of mindfulness and mediation. This course teaches participants a number of different mindfulness practices that can help you deal with stress more effectively and improve your health and well-being.

Day: Thursday

Time: 12.45am – 2.45am Venue: The Lodge Killorglin

Tutor: Elaine Barrett

Voter Education Programme:

Your vote, your power, your voice! Each of us has the power to bring about change by using our vote. Local elections are coming our way in 2019 and who knows when there might be a General Election? Get ready to think about and to use your vote!

This course will help you to think about the following:

- · Why should I vote?
- · What are the important issues for me?
- · What questions should I ask when politicians knock on my door?
- · I'd like to vote but don't know how am I even registered to vote? How do I find out?

Day: Tuesday

Time: 10.30am - 12.30pm

Venue: TBC
Tutor: TBC

Cookery & Nutrition:

This course looks at healthy eating, the food pyramid and preparing healthy simple snacks.

Day: Tuesday

Time: 10.30am - 12.30pm Venue: The Lodge Killorglin

Tutor: John Casey

Other courses offered: English Language (Wednesday 6.30-8.30)

One to One Tuition in Reading, Writing, Spelling & Maths available.

This is a free and confidential service.

If you require any further information on the above or to register your interest, please contact Deirdre Fitzgerald ALO Kerry ETB The Lodge Killorglin on 086-0460506



Clár Éire Ildánach Creative Ireland Programme 2017–2022



CREATIVE IRELAND KERRYCREATIVE PROJECTS IN COMMUNITIES 2019

QUOTATIONS SOUGHT FROM

Creative Practitioners, Project Managers, Festivals, Arts Organisations, and Artists working in the Creative Sector to develop creative community project experiences funded through Creative Ireland Kerry (CIK)

Closing Date: 1.00pm, Thursday 11th April 2019.

Brief available at

http://www.kerrycoco.ie/home3/arts/arts-forms/

Issued by The Arts Office, Kerry County Council.
T: 066 7183541

arts@kerrycoco.ie

Small Engines Course





This course ensure learners become competence in the safe use, maintenance and storage of trimmers, trimmers and mowers.

Abrasive Wheel Course





This course provides participants with the skills and knowledge needed to operate Abrasive Wheel equipment and change wheels as necessary.

The Local Employment Service in Killorglin is planning to run a number of courses in Small Engines and Abrasive Wheel.

If you are interested in attending these courses - please ring Emmett Spring or Kathy Sheahan to check your eligibility for this free course and to book your place. Please ring 066 97 62444

Jobs Sheet Publishing Info



South Kerry Development

Partnership CLG.,

37A High St,.

Killarney,

Co. Kerry

Tel: 064 6636572

Email: info@skdp.net

The Jobs Sheet is published weekly by South Kerry Local Employment Services in Killarney.

And is available from all SKDP offices

Or

From our Website

Or

Like us on Facebook to receive notification of publication

Or

Contact us on the email below to be added to our mailing list

<u>www.southkerry.ie</u> <u>jobsheet@southkerryles.ie</u>



Do you wish to have a job included in the next issue of the South Kerry LES Jobs Sheet?

Send us the job details,

To include:

Job Title, Location, Requirements, How to Apply and Closing Date

Any jobs received after 1p.m. on Thursdays are not guaranteed to be published

Email: jobsheet@southkerryles.ie





An Roinn Gnóthaí Fostaíochta agus Coimirce Sóisialaí Department of Employment Affairs and Social Protection

