

Invitation

**From Engagement Through Art Collective
raising awareness around mental well-being**

As
of the



part

**Mental Health Awareness Month of May we invite you to participate with us in
Beach Art on Ballinskelligs Beach on Saturday 25 May.**

We will be issuing an open invitation to the Iveragh Community to come and join us in covering the beach with circle art. The aim is to have fun and work together to fill the beach with connecting but individual patterns. If you can, bring a garden rake, all else will be provided.

Green ribbons will be available for all to wear on the day.

As with all Green Ribbon events participation is free and no money will be collected on the day.

**On the day Engagement Through Art, through the support of Iveragh
Mental Health will provide lunch for invited guests before the activity.**

Schedule on the day:

Activity	Time
Bus from Cahersiveen (for those without transport)	11.30am
Lunch	12.30pm
Beach Art	2.30pm to 4pm
Light Refreshments	4 to 4.30pm
Bus Home	5pm

**RSVP: Please let a member of Engagement Through Art know if you
are attending and if you need transport.**

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Contact address:

Nancy Holmes – Smith, SW Kerry Family Resource Centre, Cahersiveen, Co Kerry.

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