

# KERRY MENTAL HEALTH & WELL BEING FEST 2019

*Celebrating World Mental Health Day*

**OCTOBER  
5<sup>TH</sup>-19<sup>TH</sup>**

**OVER 100 FREE EVENTS  
ORGANISED**

**FOR MORE INFORMATION  
CHECK OUT**

 @healthykerry

 @healthykerry

[www.healthykerry.ie](http://www.healthykerry.ie)



Supporting young people since 1971



SouthWest  
Counselling  
Centre CLG



Rialtas na hÉireann  
Government of Ireland

