



BORD OIDEACHAIS AGUS OILIÚNA CHIARRAÍ  
KERRY EDUCATION AND TRAINING BOARD

**COVID-19 has had a huge impact on communities throughout Kerry.**

**The Kerry ETB Community Education Programme has responded by making a number of courses available online.**

Kerry ETB understands that not everyone is confident in accessing courses online, but we are available to support individuals to do so. While nothing can replace the learning and social interactions that occur when we meet face to face, we are mindful that people may become disconnected if we do not respond. Therefore, our tutors are available to deliver courses and provide a platform to keep communities connected.

**Courses are aimed at adults in Kerry who are living alone, adults who have underlying health issues that have resulted in them cocooning and adults who are caring for a vulnerable adult or child.**

**All courses are free of charge to these groups. Register your interest on [www.fetchcourses.ie](http://www.fetchcourses.ie) using relevant course codes below.**

- The Kingdom Connects..... see information below
- Sugar Free Living – New Year Health and Nutrition..... course code: 312172
- Men’s Wellbeing..... course code: 316049
- Introduction to Homeopathy..... course code: 312211
- Skin Care & Beauty..... course code: 312325
- Wellbeing through Mindfulness (mornings)..... course code: 318577
- Wellbeing through Mindfulness (evenings)..... course code: 319084
- Decoupage for beginners..... course code: 318426
- Scrapbooking 101..... course code: 318615
- Spring Wreath making..... course code: 318875
- Crochet – online social circle..... course code: 318630
- Sewing skills..... course code: 316035

### **‘The Kingdom Connects’**

**We are also taking names of those who wish to learn to use their smartphone, tablet or other portable device for the purpose of staying connected with family and friends. This course will be delivered by our team of ICT tutors who have many years of experience working with people who are not confident around technology! We aim to get adults, particularly those living alone, to develop new skills to ensure we reduce social exclusion at this time.**

For further information please email  
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