

FREE

SOUTH KERRY MENS'S HEALTH WEEK 2023

MEN'S HEALTH AT THE MART

OPEN TO ALL MEN

- **KENMARE MART JUNE 12TH 10-2PM**
- **IVERAGH MART (CAHERCIVEEN) JUNE 13TH 10-2PM**

Health professionals available on the day including:

- **Physiotherapist**
- **Podiatrist**
- **Dietitian**
- **Public Health Nurse**
- **Occupational Therapist**
- **Stop Smoking Advisor**
- **Resource Officer for Suicide Prevention.**



Local community groups available on the day including:

- **Men's Outreach Worker**
- **South Kerry Development Partnership**
- **Men's Shed**
- **Social Prescriber**
- **Heartbeat**
- **Better Bones Better Balance**



Free Health Checks in the Pharmacy

In addition to the Mart **FREE** Men's health checks will also be available throughout Men's Health Week from your local pharmacy in:

- **Caherciveen**
- **Kenmare**
- **Waterville**
- **Sneem**

**MEN'S
HEALTH
WEEK**

